## SEC Form 4

Instruction 1(b).

# FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANG	E COMMISSION

Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Ad Michaels	ddress of Reporting	g Person <sup>*</sup>	2. Issuer Name and Ticker or Trading Symbol <u>PROG Holdings, Inc.</u> [ PRG ]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
(Last) 256 WEST I	(First) (Middle)		3. Date of Earliest Transaction (Month/Day/Year) 02/28/2024	X Director 10% Owner X Officer (give title Other (specify below) below) President and CEO					
(Street) DRAPER	UT	84020	<ul> <li>4. If Amendment, Date of Original Filed (Month/Day/Year)</li> </ul>	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(State)	(Zip)	Rule 10b5-1(c) Transaction Indication						

### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Transaction Code (Instr.					5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock	02/28/2024		A		63,266 <sup>(1)</sup>	A	\$ <mark>0</mark>	298,396	D	
Common Stock	02/28/2024		A		63,266 <sup>(2)</sup>	A	\$ <mark>0</mark>	361,662	D	
Common Stock	02/28/2024		A		138,664 <sup>(3)</sup>	Α	\$29.4	500,326	D	
Common Stock								9,000	Ι	By Spouse

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		Transaction Code (Instr.		any Transact				Expiration Date (Month/Day/Year)		Expiration Date		7. Titl Amou Secur Unde Deriv Secur 3 and	int of rities rlying ative rity (Instr.	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares										

Explanation of Responses:

1. Restricted stock award is expected to vest in three equal increments on each of March 7, 2025, 2026 and 2027, subject to the grant agreement between the Issuer and the Reporting Person.

2. Restricted stock award is expected to vest over two years, with 34 percent vesting on March 7, 2025 and 66 percent vesting on March 7, 2026, subject to the grant agreement between the Issuer and the Reporting Person.

3. On February 28, 2024, the Compensation Committee of the Issuer's Board of Directors determined these performance shares were earned, based on the level of attainment of various performance goals. These shares, which were granted in March 2023, are expected to vest in three equal increments on each of March 1, 2024, 2025 and 2026, subject to the grant agreement between the Issuer and the Reporting Person.

#### **Remarks:**

/s/ George M. Sewell, by

Power of Attorney for Steven 03/01/2024 A. Michaels

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.